



CHRONICLES

JUNE, 2026



Hiranandani
Foundation School
Mens Sana in Corpore Sano

HIRANANDANI FOUNDATION SCHOOL, THANE

ICSE -2026

	TOPPERS	PERCENTAGE
1	ANSH GANDHI	99.3
2	VATSAL GOVIL	99.0
3	RISHABH SANJAY SINGH	98.8

ICSE RESULTS 2026

STUDENTS WITH 6 AGGREGATE - 91 (GOVERNOR'S GOLD MEDAL)

Students securing 90% and above	186
Students securing 80% and above	89
Students securing 70% and above	28
Students securing 60% and above	3
TOTAL NO. OF STUDENTS	306

Congratulations!



HIRANANDANI FOUNDATION SCHOOL

WE ARE PROUD TO ANNOUNCE THE WINNERS OF
THE GOVERNOR'S GOLD MEDAL FOR THE ICSE BATCH 2025-2026



CONGRATULATIONS TO THE ICSE BATCH OF 2025-2026



HIRANANDANI FOUNDATION SCHOOL

STUDENTS SECURING 90% AND ABOVE

 RIDHANT BHAMBHANI 97%	 DHURV DESHPANDE 96.4%	 AVANI KULKARNI 96.4%	 ARNAV MOHANTY 96.4%	 SAMRIDDHA CHATTERJEE 96.2%	 SAMRIDDHI PAGARE 96.2%	 NEETI MOHITE 96%	 ARANYA KULKARNI 95.8%	 ARANYA KUMAR 95.6%	 TRIANA MAHESH 95.6%	 ARUSHI AKKAMEL 95.4%	 SHARVANI PAEKT 95.4%	 RESHA IYER 95.4%	 SIDDHANT ADVAITPUTRE 95.4%	 ANSH SALUN 95.2%	 PARTH ADNASE 95.2%
 LARA FERNANDES 95%	 ARNAV PRIETKAR 95%	 JASLEEN KHAMBHARIA 95%	 PRIYANKA SHINDE 95%	 SAANYA PHARSE 94.8%	 MEERA SANI 94.6%	 SHREYA ANAND 94.4%	 RITIKA SINGH 94.2%	 INKRANSH DAS 94.2%	 YASHIKA VATS 94.2%	 MANIKANT MAHI 94.2%	 SARANTHI RATHOD 94.2%	 DEETIYAA BALAJI 94%	 WAHAN CHAVAN 94%	 RACHYA SALUNWA 94%	 KETA BHARSAVA 93.8%
 DIVA PAUL 93.8%	 SMANYA SAWANT 93.8%	 RITU KULKARNI 93.6%	 ATHARVA MOHITE 93.6%	 ANVESHA MEHTA 92.4%	 ANVITA KISHNA 92.4%	 NIKET RAI 92.2%	 ANSHA CHOUDHARY 92.2%	 AARUSH PUROKASH 92.2%	 NIKSH GURAP 93%	 NEEL INAMBARI 92%	 SHREYA GUPTA 93%	 ANORI SHASTHACHALJE 92.8%	 ASHLESHA TIWARI 92.8%	 VIDHI THAKKAR 92.8%	 PRANVI SHAH 92.6%
 ATHARVA KUMBHAR 92.8%	 NIKHYA NAIR 92.8%	 KAVYA PEDKAR 92.6%	 ARITH PATEL 92.6%	 NISHITA KATHARIA 92.6%	 HEET MARU 92.6%	 ANANYA KOTORY 92.4%	 SHLOK SHETTY 92.4%	 ARAV MEHTA 92.4%	 SANKAR CHANNANANI 92.4%	 ATHARVA SHAPORA 92.2%	 POOI SHAH 92.2%	 SHWETA NAGDOTE 92.2%	 ANVIKA BHANAN 92.2%	 AARHA BHANAN 92.2%	 ARAV DHIVE 91.8%
 REVA DESHMUKH 91.8%	 QAZI AFHAM 91.8%	 NAYLA SAIF 91.6%	 RYANA PATEL 91.6%	 ATHARV SHARMA 91.4%	 KANYA VARGHESE 91.4%	 WAHAN CHATURVEDI 91.4%	 MEHDI SHAH 91.2%	 ARYAN KUMAR 91.2%	 ARSHVI PARGAN 91%	 PRIYANSH JARKAR 91%	 NEHA BODA 90.8%	 APURVA DHANANI 90.8%	 ANVIKA GUPTA 90.6%	 SAKSHAM BHANDAL 90.6%	 TALPULA SHRIVASTAVA 90.6%
 ARANYA PAPPOTIWAR 90.4%	 VISHAL KADAM 90.4%	 SMARIKA KAPADNE 90.4%	 ARVIN CHAVAN 90.4%	 TACHIR JAIN 90.2%	 PURNIMA BHARGAVA 89.8%	 TUSHALAPELLI SAI 89.8%	 ISHITA BINANI 89.6%	 SANTYUKA TULPURI 89.6%	 DELISHA MARIK 91.2%	 KESHAV ISAAC 89.6%	 MENZONI ASARI 89.6%	 DUSHYANT BHATTNAGAR 89.4%	 DEVIK GUPTA 89.6%	 DHURV THAKKAR 89.2%	

CONGRATULATIONS TO THE ICSE BATCH OF 2025-2026

ISC RESULTS 2026

ISC (BEST 4 Subjects)	Total
Students securing 90% and above	77
Students securing 80% and above	57
Students securing 70% and above	30
Students securing 60% and above	20
Students securing 50% and above	3
TOTAL NO. OF STUDENTS	187

SCIENCE STREAM TOPPERS

1	PARTH ANIKET KODE	99
2	RIA UPENDRA KULKARNI	98.25
3	PRACHITI PRAVIN ABHALE	98

COMMERCE STREAM TOPPERS

1	GURNOOR SINGH	97.8
2	SIYONA NILESH KARNIK	96.8
3	VEDHIKA KUNDAL	95.8

HUMANITIES STREAM TOPPERS

1	ANUSHKA ROY	97.0
2	ISHIKA KAPIL IDNANI	96.5
3	ADITI CHULI	96

Congratulations!



HIRANANDANI FOUNDATION SCHOOL

WE ARE PROUD TO ANNOUNCE THAT 77 STUDENTS OF THE
ISC BATCH OF 2025-2026 SECURED 90% AND ABOVE

 PARTH KODE 99%	 RIA KULKARNI 98.25%	 PRACHITI ASHALE 98%	 VISHORE TATER 97.75%	 GURNDOR SINGH 97.75%	 ABHINAV KIOVA 97.50%	 ARYAN CHURY 97.50%	 ARNAV PATEL 97.50%	 ANUYA BHAT 97.25%	 ARYAN KAPUR 97%
 YASHICA BULCHANDANI 97%	 ANUSHKA ROY 97%	 ADHARSH RAMANATHAN 96.75%	 SIYONA KARNIK 96.75%	 RUGVED NITURKAR 96.75%	 ADARSH SINGH 96.5%	 AKANKSHA GUPTA 96.5%	 VISHNU POKHRIYAL 96.5%	 THOOYA DEVENDRAN 96.5%	 ISHIKA IONANI 96.5%
 AHANA ANEKAR 96.25%	 MOKSHA GODHA 96.25%	 PAAVAN SRIVASTAVA 96%	 AADIV NENE 96%	 ADITI CHULI 96%	 VEDHIKA KUNDAL 95.75%	 ABHINAV CHATTERJEE 95.75%	 AVANEESH AGARWAL 95.5%	 ARUSH MUNDADA 95.5%	 KAVIN KALYANAKUMAR 95.25%
 GAURAV SINGH 95.25%	 BHAVYA GOEL 95%	 ISHAAN KULKARNI 95%	 AKASHA KOHLI 95%	 YUKTA HANJALKAR 95%	 NAVOMI PANICKER 94.75%	 ADITYA POLEKAR 94.5%	 SHOURYA SALUNKHE 94.5%	 SOUNYA PANDA 94.5%	 SHRADHA ANAND 94.25%
 DHAIRYA CHANDEL 94.25%	 UZAIR AHMED 94%	 SANJNA SINGH 94%	 PRISHA PARASHAR 94%	 SHRESHTH TIWARI 93.75%	 PAAKI KHADELWAL 93.75%	 RAGHAV SRIVASTAVA 93.75%	 RIAN TILAK 93.25%	 AALIYA AGARWAL 93.25%	 ARUSH KARTIK 93.25%
 KABIR DIVEKAR 92%	 AARAV BHOJRAJ 92%	 SHREYASH SRIVASTAVA 91.75%	 SOHANA PAWAR 91.5%	 VANSH GUPTA 91.5%	 AAYUSH ANAND 91.25%	 KABIR MADNIA 91.25%	 SANYAK JADHAV 91%	 DEBANGI SWAIN 91%	 FATIMA KAZI 91%
 JAHANVI SHARMA 90.75%	 JIVIKA ROONISTA 90.75%	 PUNITA BARAI 90.75%	 RISHIT SINGH 90.25%	 SHOURYAVEER SWAL 90.25%	 UJITA KAUL 90.25%	 PRIYASHA SINHA 90%	 KIMAYA GOSAVI 89.75%	 KANUSH BHUTANI 89.50%	

CONGRATULATIONS TO THE ISC BATCH OF 2025-2026



HIRANANDANI FOUNDATION SCHOOL

WE ARE PROUD TO ANNOUNCE THE TOPPERS OF
THE ISC BATCH 2025-2026

SCIENCE STREAM



PARTH KODE
99%



RIA KULKARNI
98.25%



PRACHITI ASHALE
98%



GURNDOR SINGH
97.75%



SIYONA KARNIK
96.75%



VEDHIKA KUNDAL
95.75%

COMMERCE STREAM

HUMANITIES STREAM



ANUSHKA ROY
97%



ISHIKA IONANI
96.5%



ADITI CHULI
96%

CONGRATULATIONS TO THE ISC BATCH OF 2025-2026



Hiranandani
Foundation School
Mens Sana in Corpore Sano

**Sports Activities
Hosted
By
HFS, Thane**



**CISCE Pre Subroto
Football Tournament
June 10, 2026, to June 19, 2026
Venue: ALL SAINTS GROUND, BHIWANDI**

CISCE PRE-SUBROTO FOOTBALL TOURNAMENT

2026-2027

(ZONE A & ZONE B)

Host School: Hiranandani Foundation School, Thane (MA061)

Dates: 10th June 2026 to 19th June 2026

Venue: All Saints High School Ground, Bhiwandi

Hiranandani Foundation School, Thane proudly hosted the CISCE Pre-Subroto Football Tournament 2026 for Zone A and Zone B from 10th June to 19th June 2026 at the magnificent football facility of All Saints High School, Bhiwandi. The tournament served as a prestigious platform for young footballers from CISCE schools to demonstrate their sporting excellence, teamwork, discipline, and competitive spirit.

The tournament attracted remarkable participation from 53 schools, with a total of 96 teams competing across the Under-17 Boys, Under-17 Girls, and Under-15 Boys categories. The enthusiastic response from member schools reflected the growing popularity of football within the CISCE community and made this tournament one of the most significant and well-attended sporting events conducted under the CISCE Mumbai Zone.

Tournament Results

Under-17 Girls – Zone A

Winners: Bombay Scottish School, Mahim

Runners-up: Hiranandani Foundation School, Thane

Under-17 Girls – Zone B

Winners: RSB Arya Vidya Mandir, Juhu

Runners-up: Ryan International School, Kharghar

Under-17 Boys – Zone A

Winners: Hiranandani Foundation School, Thane

Runners-up: Christ Church School, Byculla

Under-17 Boys – Zone B

Winners: Ryan International School, Kharghar

Runners-up: Vasant Vihar School, Thane

Under-15 Boys – Zone B

Winners: Podar International School, Nerul

Runners-up: Universal High School, Thane

Under-15 Boys – Zone A

Winners: Bombay Scottish School, Mahim

Runners-up: Christ Church School, Byculla



**CISCE Pre Subroto
Football Tournament
June 10, 2026 to June 19, 2026
Venue: ALL SAINTS GROUND, BHIWANDI**

CISCE Pre Subroto Football Tournament

June 10, 2026 to June 19, 2026



CISCE Zonal Level Basketball Tournament

2026-2027

Hiranandani Foundation School Reaches the Finals of the CISCE Basketball (Zonal Level)

Event: CISCE Zonal Level Basketball Competition – Zone A

Date : 13 June to 22 June 2026

Venue: St. Mary's High School, Byculla.

The Hiranandani Foundation School, Thane Under-17 Girls Basketball Team scripted a remarkable success story by emerging as Champions at the CISCE Mumbai Zone A Basketball Tournament 2026, organised by St. Mary's High School, Byculla. The tournament was held from 13 June to 22 June 2026 and witnessed enthusiastic participation from 15 schools, making the competition highly competitive.

Participating Schools

1. Bombay Scottish School, Mahim
2. The Bai Avabai F. Petit Girls' High School
3. Jankidevi Public School
4. Shree Chandu Lal Nanavati Vinay Mandir
5. Shishuvan School
6. Bombay Scottish School, Powai
7. Vasudev C. Wadhwa A.V.M. School
8. Pawar Public School, Bhandup
9. Lady Ratanbai Academy
10. The Green Acres Academy
11. Hiranandani Foundation School, Thane
12. J.B. Vachha High School for Parsi Girls
13. A.M. Naik School
14. P.G. Garodia School
15. Christ Church School

Demonstrating exceptional skill, teamwork, determination, and resilience, the Hiranandani Foundation School team remained undefeated throughout the tournament. Their disciplined approach, quick transitions, and consistent performances enabled them to dominate every stage of the competition and secure the championship title.



CISCE ZONAL LEVEL THROWBALL COMPETITION

Event: CISCE Zonal Level Throwball Competition – Zone A

Date: 19th June 2026

Venue: Shishuvan School, Matunga

- The CISCE Zonal Level Throwball Competition – Zone A was held on 19th June 2026 at
- Shishuvan School, Matunga.
- Hiranandani Foundation School, Thane participated in the
- Under-17 Girls' category.
- A total of 10 schools participated in the tournament, making it a highly competitive event that showcased the players' skills, teamwork, determination, and sportsmanship.
- The Hiranandani Foundation School, Thane Under-17 Girls' Throwball Team delivered an outstanding performance throughout the tournament and emerged as the CISCE Zone A Throwball Champions, securing **First Place**

The participating schools were:

1. Shree Bhavanji Arjan Khimji Swadhyay Bhavan
2. Bombay Scottish School, Mahim
3. Hiranandani Foundation School, Thane
4. Vasudev C. Wadhwa Arya Vidya Mandir
5. Queen Mary School, Mumbai
6. A. M. Naik School
7. Christ Church School, Byculla
8. J. B. Petit High School
9. Walsingham House School
10. Shishuvan School, Matunga



CISCE PRE-SUBROTO FOOTBALL TOURNAMENT

2026-2027

Regional Level

Hiranandani Foundation School Reaches the Finals of the CISCE Pre-Subroto Cup (Regional Level)

Event: CISCE Pre-Subroto Cup (Regional Level)

Date: 23 June 2026

Category: Under-17 Boys Football

The Under-17 Boys Football Team of Hiranandani Foundation School, Thane, proudly represented the school at the CISCE Pre-Subroto Cup (Regional Level) held on 23 June 2026. The tournament brought together the champion teams from different CISCE zones, providing a highly competitive platform for young footballers to showcase their talent and determination.

Our team displayed exceptional teamwork, discipline, and resilience throughout the tournament, playing two challenging knockout matches.

Match Results:

*** Semi-Final:**

Hiranandani Foundation School, Thane (Zone A) defeated Ryan International School, Kharghar (Zone B) by 1-0, securing a well-deserved place in the final.

*** Final:**

Hiranandani Foundation School, Thane (Zone A) faced Bishop's School, Kalyani Nagar (Zone C) in a closely contested match and finished as Runners-up, narrowly losing 1-0.

Reaching the finals at the Regional Level is a remarkable achievement and reflects the dedication, hard work, and sportsmanship of the players. Their outstanding performance has brought pride to the school and demonstrated their commitment to excellence in football.

The school congratulates the entire Under-17 Boys Football Team on this commendable accomplishment and appreciates the constant guidance and support of the coaches, whose encouragement played a vital role in the team's success. We wish the team continued success in their future tournaments.



Hiranandani
Foundation School
Mens Sana in Corpore Sano

INTERSCHOOL COMPETITIONS

IGNITE 2026, NEXUS 20 JUNE 2026 LODHA WORLD SCHOOL, PALAVA



IGNITE 2026, NEXUS 20 JUNE 2026 LODHA WORLD SCHOOL, PALAVA



IGNITE 2026, NEXUS 20 JUNE 2026 LODHA WORLD SCHOOL, PALAVA



AURA
28, JUNE 2026
LODHA
WORLD SCHOOL,
PALAVA





Hiranandani
Foundation School
Mens Sana in Corpore Sano

IN SCHOOL ACTIVITIES

Dr. Chinmay Patkar's Seminar
**TOPIC : MENTAL WELL BEING IN A
NUTSHELL**
18, JUNE 2026



CONSULTANT PSYCHIATRIST

Child & Adolescent • Sports • Geriatric • General Adult • Sexual Health

9820410346 drchinmaypatkar@gmail.com

The central graphic is a light beige rectangular card with a subtle pattern. It features a portrait of Dr. Chinmay Patkar, a man with a beard and mustache wearing a white lab coat, in a rounded square frame. To the right of the portrait is a small white square containing a green ribbon logo with the words 'MENTAL HEALTH' above it and 'AWARENESS' below it. At the bottom of the card, the text 'CONSULTANT PSYCHIATRIST' is written in red, followed by a list of specialties and contact information.

Dr. Chinmay Patkar's Seminar

TOPIC : MENTAL WELL BEING IN A NUTSHELL

18, JUNE 2026



Dr. Chinmay is an alumnus of HFS. Today he is a leading psychiatrist in Thane.

He commenced the session with simple breathing exercises. The session focused on understanding the different stages in the development of the brain. He convinced the students that emotional ups and downs are very common among teenagers, and they should find ways to manage stress by engaging themselves in some activity however small it may be , something that helps them to stay calm.

Common challenges such as failure, academic pressure, peer pressure, time management, tuition classes , etc were discussed. He emphasized that breathing exercises would help the students manage stress effectively.

The manner in which time should be managed by the students was explained by the doctor. The session was quite interactive, and the students were able to relate to the content delivered by him. The other points discussed were about getting enough sleep, exam preparation, how one should study the difficult subject first even if it is not interesting. He encouraged the students to seek help when needed and to prioritize their mental health along with academics.

The session also allowed the students to ask questions which he answered convincingly. The questions were related to attention span, playing video games, screen time, managing school and tuition, tests, exams etc..

The doctor shared his contact number so that the students could seek help if required .

The session was very informative and inspiring. We thanked the doctor for taking the time out to share such valuable knowledge and insights with us .



Hiranandani
Foundation School
Mens Sana in Corpore Sano



ANNUAL SPEECH DAY

2025-26

EXPRESS. ENGAGE. EMPOWER.



WHERE **IDEAS** TAKE FLIGHT
AND **LEADERS** ARE SHAPED.



SPEECH DAY

Std V-VII

12, JUNE 2026



The Speech Day is a very special day in Hiranandani Foundation School, Thane as it marks the recognition of academic excellence, hard work and achievement by the students in various subjects. This year the Speech Day was held on 12th June 2026. The students of the middle school were awarded trophies and certificates for securing 90 percent and above in all the three terms. They were also given certificates for securing highest marks in various subjects.

The students assembled in the 5th floor Assembly Hall. The programme commenced with the assembly which included the thought for the day, hymn, school prayer and one minute value-based speeches rendered by the students of class VII A. This was followed by the ceremony where the names of the prize winners from each class were announced by their class teachers.

The trophies/certificates were awarded by our respected Principal Ma'am, Mrs. Neelu Lamba, Mrs. Mariam George (ISC Coordinator) and Mrs. Bindu Menon (VIII-X Coordinator)

The students were delighted to receive the prizes. The Principal congratulated the students and encouraged them to continue striving for excellence and appreciated their efforts for their remarkable achievements.

SPEECH DAY

Std V-VII

12, JUNE 2026



SPEECH DAY

Std V-VII

12, JUNE 2026



SPEECH DAY

Std VIII - IX

16, JUNE 2026



The Annual Speech Day Programme for classes VIII and IX was conducted on the 16th of July 2026 in the school auditorium. The event brought together students and teachers to celebrate the student's achievements for the academic year 2025-2026. The programme commenced with the class assembly which created a solemn and inspiring atmosphere for the award ceremony. After the assembly the principal, Mrs. Neelu Lamba along with the coordinators honoured the deserving students with certificates and trophies for their outstanding achievements in the academics. The Principal congratulated the students on their hard work, perseverance and dedication throughout the year. The Principal also encouraged them to continue striving for excellence in all their future endeavours. The award recipients were applauded for their efforts making the occasion truly memorable.

SPEECH DAY

Std VIII-IX

16, JUNE 2026



SPEECH DAY

Std VIII-IX

16, JUNE 2026



SPEECH DAY

Std XI

18, JUNE 2026



Hiranandani
Foundation School
Mens Sana in Corpore Sano



A Celebration of a Proud Moment Speech Day at HFS Thane

Std XII
Std X

On 25th June 2026, Hiranandani Foundation School Thane, celebrated the annual speech day, a memorable day that brings the glory of success to the school. The venue was the school assembly hall. The special invitees included the proud parents and grandparents who had assembled to celebrate the culmination of hard work and a year of study of their wards. The proceeding was presided over by the principal who welcomed the guests. The event commenced with the principal lighting the sacred lamp along with the parents of the toppers of the board exam. Then the principal presented the annual report of the school's landmark achievements for the year 2025- 2026. This was followed by the felicitation of the students for their academic excellence in the board exams.

This year a record number of students got the governor's gold medal, they were awarded with a certificate of merit and a gold medal. The students of the school were also felicitated for their achievements in extra- curricular activities for the above academic year. The event culminated with the principal giving the vote of thanks followed by the rendition of the national anthem. It was a truly inspirational moment which will be etched in the minds of the achievers for life.

SPEECH DAY

Std XII

25, JUNE 2026



SPEECH DAY

Std X

25, JUNE 2026



SPEECH DAY

Std X

25, JUNE 2026



IMPROMPTU SPEECH

Std VIII - X

22, JUNE 2026



The Assembly Hall buzzed with anticipation on the morning of 22 June 2026 as students from Grades 8, 9, and 10 gathered for the Inter-House Impromptu Speech Competition — one of the most exciting events in the school's co-curricular calendar.

The competition tested not just oratory, but the ability to think on one's feet. Students were presented with a pool of 65 diverse topics to choose from, spanning themes as varied as the role of Artificial Intelligence in modern life, the importance of friendship, and timeless human values. The breadth of topics ensured every speaker had the chance to find a subject close to their heart — and the results were impressive.

Each student rose to the occasion magnificently, delivering speeches with remarkable confidence, clarity, and flair. The audience was treated to a morning of thoughtful arguments, heartfelt reflections, and the occasional burst of wit.

The event was adjudicated by Mrs. Suchanda Palit and Mrs. Kaysar Patel, whose keen eyes and discerning ears made for a tough but fair judging panel. Students had been guided and mentored by their respective House teachers in the days leading up to the competition.

IMPROMPTU SPEECH

Std VIII - X

22, JUNE 2026



IMPROMPTU SPEECH

Std VIII - X

22, JUNE 2026

The competition was a resounding celebration of student voice and expression.

It was a reminder that great speeches are born not just from preparation, but from passion — and our students had both in abundance.

Congratulations to all the winners, and a big round of applause for every participant who stepped up to the podium!

Grade 8

Position	Student	House
1st	Anya Jain	Beta
1st (Shared)	Aashlesha Anshula	Sigma
1st (Shared)	Saipriya Sunderraman	Sigma
2nd	Urshita Singh	Sigma
3rd	Prisha Ochani	Delta

Grade 9

Position	Student	House
1st	Joanna Lewis	Delta
2nd	Pavika Chatterjee	Sigma
3rd	Rayirth Ruwali	Beta

Grade 10

Position	Student	House
1st	Jenelia Joseph	Beta
2nd (Shared)	Purav Patil	Delta
2 nd (shared)	Adriitha Kundu	Sigma
2nd (Shared)	Sanvi Shah	Alpha
3rd	Atharva Padave	Sigma

IMPROMPTU SPEECH ISC 29, JUNE 2026

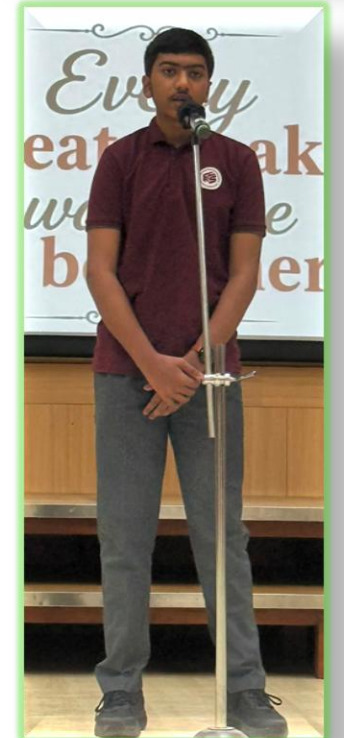


The first ISC competition for the academic year 2026-2027 was the Impromptu Competition. It was held on the 29th of June 2026, in the New Assembly Hall. The main aim of the competition was to develop confidence, spontaneity and effective public speaking skills among the students. Students of classes XI and XII participated enthusiastically. The students were allowed a minute to prepare before delivering their speech. The topics ranged from current affairs and environmental issues to technology, education and social values.

The participants displayed remarkable presence of mind, creativity and eloquence. The two judges, Mr. Aditya Nair and Mrs. Aarti Kudva evaluated the speakers on content, fluency, confidence, organization of ideas and overall presentation.

The Principal congratulated the winners and appreciated the efforts of all the participants. The competition proved to be an enriching learning experience, inspiring students to think quickly, express themselves confidently and overcome the fear of public speaking.

IMPROMPTU SPEECH ISC 29, JUNE 2026



IMPROMPTU SPEECH ISC 29, JUNE 2026

- The result is as follows:
- Std XI-
 - First Position- Divyashika Sah
 - Second position- Vartika Mishra
 - Third Position- Anurag Rai
- Std XII-
 - First Position- Arnav Pandrekar and Samarth Gupta
 - Second position- Nethra Vaidyanath
 - Third Position- Svayash Melarkode



Happy Hands Art Competition Std I-IV 30th June 2026



An art competition was organized on 30th June 2026 during the school hours from the zero period till the 2nd period.

The art competition was conducted to encourage creativity, artistic talent among the students. The art competition was a great success and provided the students with an opportunity to express their ideas through art.

The competition was judged by the art teachers, who evaluated five students from each class based on creativity, presentation and relevance to the theme.

This event was a great success and inspired students to express their ideas through art.



From The Reuters Desk



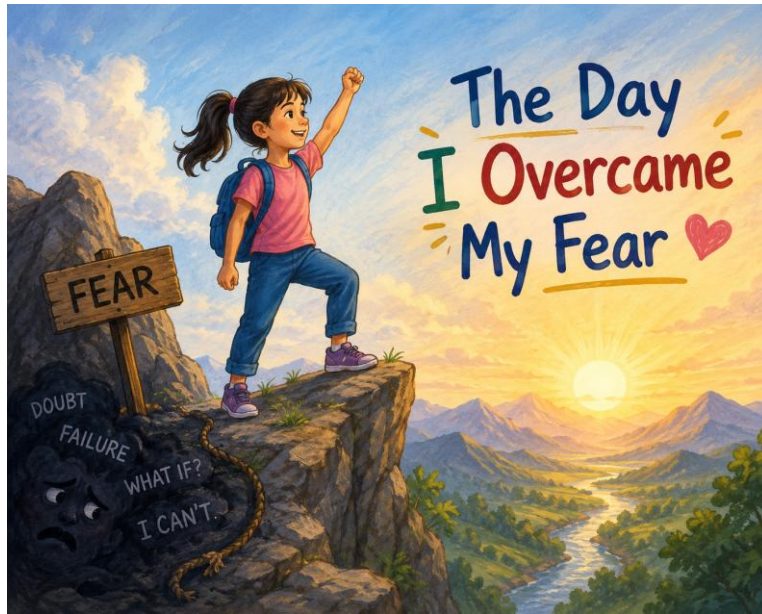
ESSAY WRITING COMPETITION

Std VIII –X

JUNE 2026

Fear is in the mind. It is what stops us from achieving our goals and eliminates good opportunities to rise and become a better person. Once we overcome our fear of something, we become more confident. If something goes wrong, we can learn from it and try to avoid the mistake the next time. I experienced one such event that changed my perspective to life and its challenges.

In grade six, I had volunteered to deliver a speech for my class assembly. I had stage fright and could never dare to speak in public.



The Day I Overcame My Fear
Nishtha Chaurasia-VIIB

In fact I was almost antisocial. It all started in grade five. I had been selected to deliver a speech for my class assembly. I pushed through my fear and hesitantly raised my hand. Soon, in the blink of an eye, I was standing on the school podium, limbs shivering and words stumbling out of my mouth. I took a deep breath and began my speech. It was my first time saying a speech and suddenly, my mind went blank – I couldn't process anything that was happening around me and most of the audience began giggling under their noses. The paper slipped out of my hand, directly onto the ground and my eyes welled up. Tears then started rolling down my cheeks and my face turned red and was burning with embarrassment. I ran down the podium steps and directly back into my class. I was crying bitterly. My class teacher followed me back into the class and comforted me with kind words. After that, I vowed to develop better speaking skills. My teacher would help me with my oratory skills after school. Soon after a few weeks, I felt more confident and could communicate and deliver a speech to the audience easily. I felt proud and was extremely grateful to my teacher. Months later, I was promoted to grade six. I was again selected for delivering a speech for the assembly. I stood on the podium, much confident than before. I began my speech and concluded it effortlessly. Even my school's principal praised me for my speech.

That was the day I overcame my fear of public speaking. I am still very grateful to my teacher who helped me become more confident. Like I said, fear is only in the mind. Looking back, I am glad I did not let that one failure decide what I could do. It wasn't easy, but with my teacher's support and my determination, I became more confident. Now whenever I feel afraid, I remind myself that confidence grows when you stop believing in fearful thoughts.

In today's modern world, mental health has become as important as physical health. Stress, anxiety and deadlines effect our mental health in a negative way. Even students, pushed by studies and increasing competition, are affected by it.

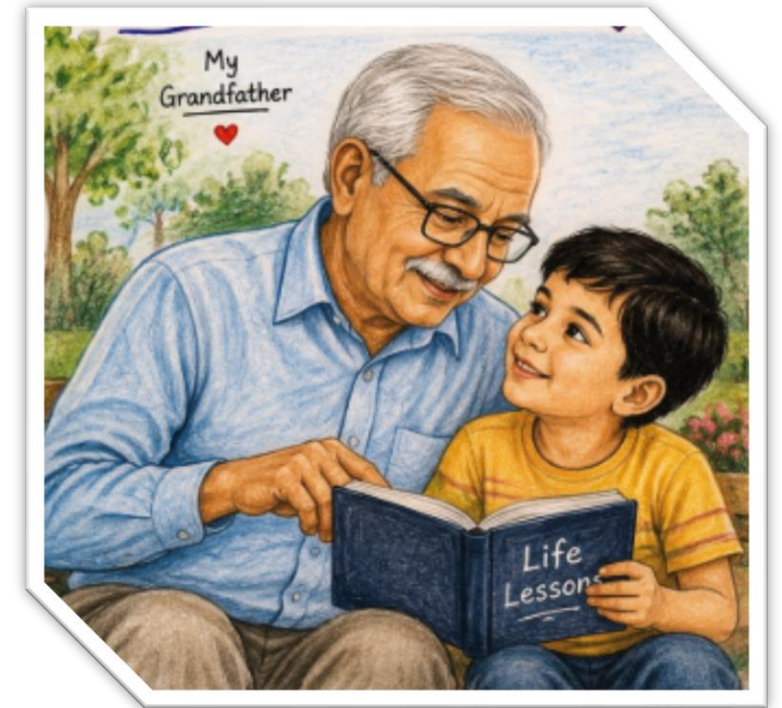
The mental well-being of students becomes affected when they are burdened with studies, tuitions, increasing competition, etc. All over the world, many students may feel pressured by this. They then come under the pretext that they must perform and excel across all fields. Though their intentions are right about having to perform, their thoughts in turn affects their mental health. Thus, they tend to feel very disappointed and defeated when they score low marks in an examination. Many students burn the mid night oil before the exams. But science shows that studying till late before exams can hamper scores. Instead getting an adequate amount of rest before an exam has been proven to be better. Students nowadays do rote learning, which forces their brain to remember huge amounts of topics. But a better method of studying is to first understand the topic being learning it as it does not pressurize your brain and allows it to process the information. Students also tend to study for long hours like 3 or 4 hours in a single sitting. This method tires the student quickly and is inefficient. Instead, a better method is to study for the same 3-4 hours by dividing it in small periods which are followed by smaller breaks. For example, we can study for, say half an hour, and take a 5-minute break, after which we can again start studying. By using this method, we efficiently study the same time but better. The breaks allow for our brain to process the content and recall it too. Also, many students spend most of their time at home and avoid playing. But science also shows that students who balance their studies and sports are better academically, physically and mentally. Students who may be under mental stress should visit psychologists and consult them.

Thus, mental health has become increasingly important in the recent years. But still, many people do not value their mental health as it is not considered important. Hence, we need to make people aware of mental health and explain its importance to them.



The Importance of Mental Wellbeing
Among the students
Rudransh Singh, VIII-B

Society constantly conditions us to believe that youth is required for peak performance. My grandfather shatters that myth every single day. When we think of an inspiring person, we are likely to think of a world-famous athlete or a superstar. For me, it is the complete opposite. The most inspiring person in my life is my grandfather. Now you must be wondering what inspires me when I look at my grandfather. You must all have noticed that our grandparents share almost identical hobbies. They all wake up and start chanting prayers, or they sit at some spot in the house for the whole day. But this is the complete opposite of what my grandfather's day looks like. He wakes up at 5 a.m every single day. and goes out for a 10-kilometre run. Running 10 kilometres, every single day is no easy feat. After finishing his run, my grandfather leaves for the badminton court. There he plays some intense, high-quality matches with people who are half his age. The reason my grandfather is so punctual and independent is that he is a retired army major. He served our nation for 32 years and has witnessed many brutal events. Despite retiring almost 10 years ago, he has still not lost his fitness and is still as good as any other youth. Looking at my grandfather's dedication and hard work proves that age is just a number and that real quality is what actually determines your capabilities. It's not your age but your attitude and thought process. My grandfather inspires me every single day because by the time I get up, I look drowsy, sleepy, and lazy. My grandfather looks fresh and energetic. He motivates me every single day to do my best and give 100% in everything I do. One important lesson I learned from my grandfather is that you should do something you enjoy, rather than wasting time on something you dislike. Many parents force their kids into engineering fields in which they are not interested. and hence waste a lot of their time. Listening to the war stories was one of my favourite experiences. I would like to conclude my essay by saying that I have learnt a lot of important lessons from my grandfather. The most important being that the foundation for every success story is dedication, discipline, hard work, and always being truthful to oneself.



The Person Who Inspires Me
the Most
ADITYA NAIR-XA

Money can buy us valuable items. However, true happiness does not come from materialistic possessions but from the little things in life. As Albus Dumbledore rightly said, "Happiness can be found even in the darkest of times, if only one remembers to turn on the light." This is why I stand firmly against the statement, 'Money can buy happiness.'

Happiness is the purest form of expression and is usually one of the first emotions we learn to express as infants. When I was younger, I believed that the only things that could bring me joy were the ones that could be exchanged for money. On growing up, I have realised that there are more important things in life. The toys that once brought me joy now lie in the corner of my room, covered in cobwebs, making me realise that I have changed as an individual. What truly makes me happy now is giving back to the community that I come from because there is no greater gift than the art of giving. My school's very own Interact Club is an excellent example of putting service before self by organising fundraisers and contributing to society in more ways than imaginable.

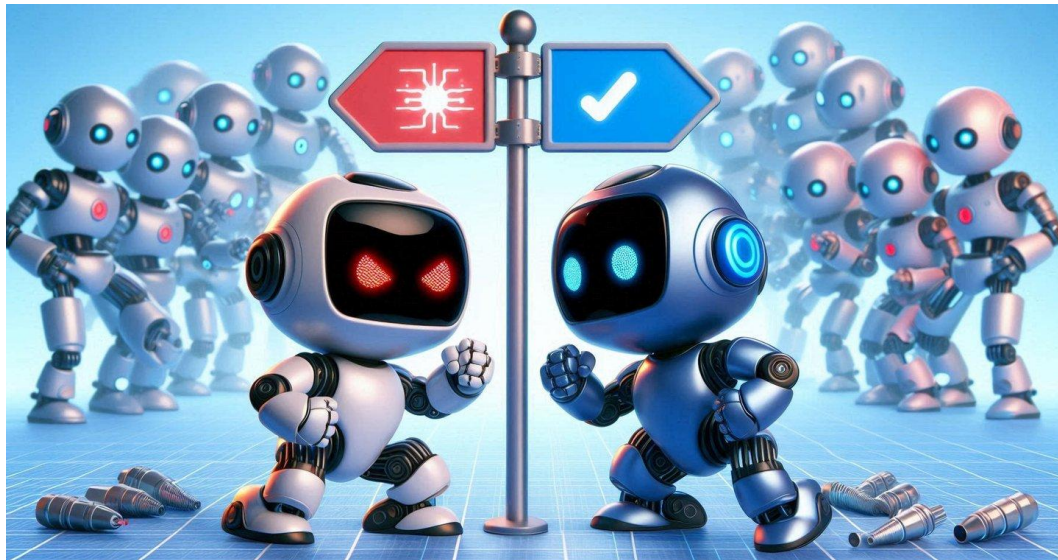
However, one thing that has always brought me pure elation is spending quality time with my loved ones. As it is rightly said, "You are a mosaic of everyone you have ever loved." I would not be the person I am today without the people who truly shape my character.

"It is not our abilities but our choices that define who we are." This quote perfectly resonates with the fact that the right choices must be made in order to remain happy. The Japanese are some of the happiest people on the planet because they have found their purpose in life. Thus, we must take inspiration from them and aspire to inspire others. I would like to restate that money cannot buy happiness, and true joy lies in finding ourselves.



Money Can Buy Happiness
JENELIA JOSEPH X-F

Artificial Intelligence is a tool which is transforming our world at an unprecedented pace. AI refers to the simulation of human intelligence in machines that are programmed to think, learn, reason, and make decisions. What was once considered science fiction has now become a reality. From virtual assistants and self-driving vehicles to medical diagnostics and advanced scientific research, AI is revolutionizing everything in the world.



Artificial Intelligence – boon or bane?
JOANNA LEWIS-IX G

AI helps to analyse vast amounts of text data very quickly. AI helps in medical facilities and surgeries. Surgical robots have been developed. In education, it improves productivity, efficiency and innovation. It helps doctors detect diseases. It helps in complex diagnosis. AI is also contributing towards resource optimization, disaster management, waste disposal etcetera. Thus, AI proves to be very advantageous.

However, with great power comes great responsibility. With increasingly fast technological advancement of AI, it is becoming hard to ensure everyone's privacy, security and ethical decision-making. Today some children write speeches and compositions using AI. They use AI for school projects. They are losing their creativity and writing skills. As machines are becoming increasingly capable, it is essential to ensure that they are built and designed in such a way which is advantageous for humanity and does not harm us.

In conclusion, AI is taking over our world, but young minds like us should not lose our capability, creativity, thinking skills, intelligence and insightful thoughts. We should not become dependent on AI for everything. The future is in our hands. Creativity and ethical judgement should be just as important. As the famous scientist Stephen Hawking once said, 'AI could be the best or the worst thing to happen.' The choice lies in our hands. AI is neither a boon nor bane. It depends on our choice of how to utilize it. We must come up with innovative ideas to use AI for the benefit and optimization of our world and for the greater good.

Imagine you are carrying a heavy bag to school every day. Each day, more items are added to it; One day a pencil, the next day a large and heavy textbook. You become so tired, but you never complain or talk about it with your peers or teachers. This is exactly how many students feel, every day of their lives, and that is why it is important to talk about the mental well being of children, especially teenagers.

There are a lot of mental issues a young teenager can face, depression, anxiety, daily panic attacks, etc. This can be because of academic pressure, bullying, peer pressure, drug use, discrimination, etc. India has the highest youth population in the world so it is of utmost importance that we, along with physical health, take care of our mental health as well. Infact the best cure for our mental issues, that is free, reliable and is known to have the best results, is communication. It can be as simple as telling a friend, communicating with a professional psychologist or therapist. Another important cure for mental issues is self-love, like taking up a hobby, resting for a bit longer or taking a relaxing spa day. It can be anything which makes you happy and feel good. During exam weeks, take breaks during study sessions, organize your schedule to reduce pressure for exams, and if you feel like you are clueless in a subject, go talk to your parents or teachers and ask for help, because I guarantee, you will receive it. Mental health should be taken seriously by adults as well. Issues regarding mental health can happen at any age and one must not be so shamed by it that they hide it and refuse to get help. A note for all children suffering from mental issues, you are not alone, you are not different or broken. You just need help, and that is normal. When you are sick, you share your symptoms and the doctor provides you with the correct medication, which makes you feel instantly better. In the same way, if you share your feelings and communicate your issues to a trusted professional, it becomes much easier for them to find the correct 'medication' for you. Your mental health should be treated with the same concern as your physical health.

Remember, your health should be your top priority, and its okay to not be okay, but you shouldn't have to go through it alone. So, go tell your friend about your heavy bag, and start complaining about it, you have the right to do so. Create a new society where people openly discuss their issues and get stronger, both mentally and physically. We have the power, as the next generation, to change the

perspective of mental health from a shameful topic, to one which can be easily talked about with a wider audience. Break the cycle of stigma and create a new world for everyone involved. Your mental health is not a burden; it is a part of you. We need to start talking, and we need to start now.



The Importance of Mental Well-being among Students
Aryaa Kaustubh Tembe VIII G

"Failure is not the opposite of success; it is a part of success." This is one of the most inspiring quotes that many students have heard. It reminds us that before every achievement or accomplishment, there is often an obstacle called failure.

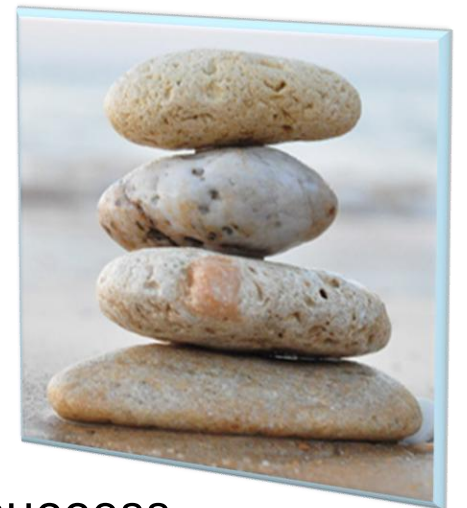
Many people think that failure is simply a problem that blocks our path to success. However, failure is much more than that. It is an important part of life that teaches us some of the most valuable lessons. Although failure may discourage us at first, it also gives us the opportunity to grow stronger. It sparks our determination, builds our resilience, and motivates us to keep moving forward despite difficulties.

A great example of this is the story of Titan Company, which shows how Xerxes Desai faced countless setbacks while building the brand. Instead of giving up, he learned from every failure and kept moving forward. Through hard work, determination, and resilience, he overcame every obstacle. Today, Titan is one of India's most trusted and successful consumer brands. His journey teaches us that every failure is a lesson in disguise, preparing us for greater success. It helps us become mentally stronger and reminds us to stay humble even after achieving our goals.

Failure also acts as a source of motivation. Whenever we feel like giving up, failure reminds us that losing once does not make us a loser forever. Instead, it shows us the areas where we need to improve. Rather than stopping us, it encourages us to learn from our mistakes, work harder, and believe that success is still possible if we continue trying with dedication, patience, and hope.

There is another valuable lesson we often hear: if you seek guidance from a successful person, they can tell you what helped them succeed. However, a person who has experienced failure can teach you something equally important—they can tell you what not to do. Learning from both success and failure gives us the wisdom to make better decisions and avoid repeating the same mistakes.

In conclusion, failure is not something to fear or avoid. It is a stepping stone towards success. Without failure, we may never truly appreciate our achievements or understand the value of perseverance. Every setback teaches us something new, every lesson makes us stronger, and every failure brings us one step closer to success. If we have the courage to keep moving forward, failure will never be the end of our journey—it will simply be the beginning of a greater success.



Failure is the stepping stone to success
Aashlesha Anshula

AI Boon or Bane

Mahati Ramkumar IX H

However, in the recent days many companies have shifted to using AI instead of traditional employees in order to reduce costs and optimize working speeds. This poses an alarming threat to job seekers as they are under constant pressure of being replaced by an AI assistant. We are able to see that students have completely lost their hardworking, critical thinking and creative abilities. They have become more complacent than ever, delegating all their school work to ChatGPT without even a second thought. This raises the inevitable question if we students continue to mindlessly seek help from AI, would this spoon feeding hamper our future? The answer is yes; while it has become the norm to use ChatGPT and Gemini, using it even for the most elementary of tasks, could lead us to losing our human ingenuity and innate thinking skills.

In conclusion, we find that AI is neither a boon nor a bane to our society. As the famous quote goes, "Excess of anything is harmful". The key lies in maintaining balance. If we manage to incorporate artificial intelligence in our lives while not letting it take over, we will be able to foster a world that is conducive for human growth and development in the future.

"Artificial intelligence will soon take over everyone's jobs in the future". This is the paranoia that has seized every single person around the world. Ever since its invention, AI has become almost a rudimentary part of our lives. Whether it be finding cooking recipes, writing essays or even structuring a resume, artificial intelligence has seemed to make us humans as complacent as ever.

In many ways we find that AI proves to be a boon to our progressing world. Scientists across the globe are using AI to solve complex global problems, while software engineers are integrating it with Microsoft and using it to write codes faster and efficiently. AI has also become an integral aspect of students' lives. We are able to access a kaleidoscope of information on a plethora of topics, both in a well-organized and understandable manner. It has almost become impossible to think that we could write essays or finish assignments without leaning to ChatGPT and Gemini for support.



Our Earth is facing serious threats due to the rapidly changing climate. Throughout history, every major mass extinction has been linked to drastic environmental and climatic changes, transforming our beautiful blue planet into either a scorching wasteland or a frozen world.

Sadly, history seems to be repeating itself. Humanity is heading towards an environmental crisis caused by its own reckless actions. The excessive amount of carbon dioxide released into the atmosphere traps the Sun's heat, leading to global warming. As a result, glaciers—one of our largest sources of fresh water—are melting at an alarming rate. Even today, many regions experience severe water shortages, and communities often struggle over limited water resources. If glaciers continue to disappear, future generations may face devastating water scarcity and growing conflicts over this precious resource.

Another major concern is the lack of adequate rainfall. The El Nino phenomenon has disrupted normal weather patterns, causing reduced rainfall in many parts of India. This has further worsened the water crisis, affecting agriculture, livelihoods, and daily life.

Deforestation is another alarming problem that our community and the world are facing. Cutting down forests destroys entire ecosystems and disrupts the delicate balance of nature. Plants and trees form the foundation of the food chain. They provide food, shelter, and oxygen for countless living organisms. When forests disappear, animals lose their habitats, many species become endangered or extinct, and biodiversity suffers. Ironically, this destruction is often carried out in the name of development and luxury.

However, true progress does not mean replacing nature with concrete. Real development is achieved when humans grow while living in harmony with the environment. Trees not only produce oxygen but also help conserve water, prevent soil erosion, regulate the climate, and support countless forms of life. Protecting them is not merely an environmental responsibility—it is essential for our own survival.

Unfortunately, many of us choose to remain silent spectators. We complain about environmental problems, blame others, and expect governments alone to solve them, while ignoring the small but meaningful actions we can take ourselves. If we continue to exploit nature without changing our habits, we are putting the future of coming generations at risk.

The good news is that there is still hope. Every individual can contribute towards protecting our planet through simple yet effective measures such as rainwater harvesting, afforestation, reducing waste, conserving energy, and supporting sustainable practices. Even innovative solutions like cloud seeding may help in certain situations.

Remember, every great movement begins with a single step. One tree planted, one drop of water saved, or one act of environmental responsibility can inspire many others.



The Environmental Problems Our Community Faces

Aadya Maheshwari VIII F



Thank You

...Till Next Time